



**Chifley
College**

Learn Discover Inspire

Chifley College Senior Campus

NEWSLETTER

Term 2 2019

Office Hours

Monday – Thursday 8.00am – 3.00pm

Friday 8.00am – 12.45pm

67 North Parade, Mt Druitt

P O Box 148, Emerton

NSW 2770

Ph: (02) 9625 9920

Fax: (02) 9832 2413

Email: chifcolsnr-h.school@det.nsw.edu.au

Principal's Message

Dear Parents,

This bulletin is a sample of the outstanding ways our students represent the college in our wider community. To you, our parents, I thank you for your support of these programs and the opportunities our students enjoy.

On Tuesday June 25, 2019, Recognition Assemblies will be held to celebrate the achievements of our students in Semester One. The major ceremony of the year will be our Year 12 Graduation on Thursday September 26, 2019. I invite all parents to keep these important dates free in their diary.

Steve Freeborn

Principal

Inside this issue:

| | |
|-------------------------|-------|
| Anzac Day | 2 |
| School Planning | 3 |
| Phone Home Program | 4 |
| 100% Attendance | 4 |
| Gate Policy | 5 |
| Late Policy | 5 |
| Working with Children | 6 |
| First Aid | 6 |
| Uniform | 7 |
| Saver Plus | 7 |
| School Zone Offences | 8 |
| Year 12 Team Report | 9-10 |
| Vocational Education | 11-15 |
| Year 12 References | 16 |
| Year 12 Important Dates | 16 |
| Year 11 DP Report | 17-18 |
| Subject News | 21-32 |
| Career News | 33-36 |
| School Counselling | 37-39 |
| Student Absences | 40 |

Important Dates Term 2 & 3

| | |
|--|--|
| Monday 10 th June | Public Holiday |
| Tuesday 25 th June | Recognition Assembly Year 12 Period 4, Year 11 Period 3 |
| Tuesday 2 nd July | Seniors for a Day - Dunheved, Shalvey |
| Wednesday 3 rd July | Seniors for a Day - Mt Druitt and Bidwill |
| Thursday 4 th July | NAIDOC Day |
| Saturday 6 th July | Holidays Commence |
| Tuesday 23 rd July | Students Return |
| Wednesday 7 th August | Open Night (information for enrolment into Years 11 & 12 2020) |
| Thursday 15 th August to Friday 30 th August | Years 11 & 12 Exams |
| Thursday 26 th September | Graduation Year 12 |

ANZAC DAY



Chifley College Senior Campus *commemorates Anzac Day*

Chifley College ANZAC Day Ceremony 30th April, 2019

Upon returning to Term 2, Chifley College Senior Campus came together to recognise the sacrifice of so many people during the ANZAC Day Service.

We were fortunate to have two Vietnam War veterans, Sam Vecchio and Bob Harper, join us from the St Mary's Vietnam Veterans Sub-branch.

The assembly was hosted by Chelsea and Deshae from Year 11 and included a very thoughtful speech from our school captain, Grace Major.

The ceremony concluded with a wreath laying ceremony at the front of the school

'Lest we forget'




Phone Home Attendance Program

In an effort to keep parents informed about their student's attendance, Chifley College Senior Campus has a program where parents are contacted via email, SMS or phone when an absence occurs and the office has not been notified. Teachers mark their roll in every class and throughout that day or the next day, parents are phoned, emailed or sent an SMS to let them know of an absence or to seek a reason for the absence. This information is then recorded and the relevant staff notified.

It is important for parents to let us know of any **change of phone number and/or address** for this information to be relayed to you. Please ring us with any change of details on **9625 9920** or email on chifcolsnr-h.school@det.nsw.edu.au and tell staff that you wish to notify of a change of contact details (or fill out the attached "Change of Address Form" and return it to the Office).

100% ATTENDANCE

Congratulations to the following students for the Outstanding attendance during Terms 1 & 2

| Year 11 Students | | Year 12 Students |
|---|-----------------------------|-----------------------|
| Kasey Aftanas | Angelniva Mapusua | Simon Charman |
| Tamyka Avaava-Johnson | Alfred Matautia | Todd Ditton |
| Taryne Azzopardi | Tanna Mathews | Itinang Eliaba |
| Mikhail Caro | Aloe Muiaa | Thomas Hunter |
| Frances Goc-Ong | Dylan Murphy | Trey Jarrett-Brandy |
| Sonal Goundar | Faith Ngata | Jack McDuff |
| Sheehan Hossain | Cameron Paul | Maurice Nafoi |
| Tyler Hughes | Sebastian Pijov | Lolohea Paletua |
| Ulisesse Ioane | Shabnam Sarshar | Orren Sanders |
| Bella Kiernan | Bush Toma Loi | Jafar Shah |
| Lucas Knibbs | Ana Vaai | Cody Sharp |
| Locklan Laing-McCurdie | Emaraina Whitiri-Ponga | Latu Sika |
| Lana Leatigaga | Alicia Wilson | Maliacensustina Soseu |
| Tala Luafalealo | | Marychoanna Tagaloo |
| Daemarie Mangi | Job Search 11 and 12 | Tamsin Tautu |
| Alofaifo Mapuna | George Elia | Hayden Tristram |
|  | Kiwalee Hura-Taurima | Peter Wilson |
| | Shannon Scicluna | Rahat Yunus |
| | Chelsea Wilkie | |

Gate Policy:

The gates at the front of the school are automatic and are locked at 9.00am every day. If parents wish to gain entry to the front of the school they will need to press the intercom on the outside of the gate and request that the gates be opened. In some circumstances it may take several minutes to activate the gate so please be patient. When exiting the school you will also need to contact the office via the intercom on the inside of the gate to have the gate opened.

Students are **not** to use the intercom to enter the school prior to 10.00am. A deputy will allow students into the school up to 10.00am.

Parents are also reminded that the school carpark is for staff parking only. Please do not use the carpark as a drop off point. This only causes congestion in the carpark and blocks staff members from entering the carpark. Cars are permitted to stop at the front of the school in the designated area to let students out.

Student Late Policy:

Period 1 commences at 8.40am. All students are expected to be in class, on time to commence learning.

Parents of students who are continually late to Period 1 will be contacted. They will be informed that their son/daughter will be sent home.

Parents will be asked to attend the College for an interview to assist in planning a Student Punctuality Plan. (SPP)

The SPP will detail:

What time the student leaves home to attend the college?

What type of transport is used by the student?

What is the travel time allocation between the student leaving home and arriving at the college?

What options are available for the student to attend college on time?

The SPP will govern the student's daily routine for future enrolment at Chifley College Senior Campus.

Parent notification:

Parents should contact the College by phone/note on the day, with an explanation as to why the student is late.

Students who arrive late without a valid reason will be recorded as an unexplained truancy as per NSW Department of Education Policy.

S. Freeborn
Principal

Message to Parents/Carers

Keep Kids Safe: #parentscheckthecheck!

Parents or carers who engage the services of a private tutor or coach have an important role to play in helping to keep their children safe.

From 1st April 2016 adults who provide private tuition or coaching services to children will need to obtain a new Working With Children Check.

The Certificate for Self Employed People will no longer be valid after their expiry date and the certificate holders will need to apply for a new Working With Children Check.

Parents or carers should ask their child's tutor or coach for their name, date of birth and their Working With Children Check number.

They must then go online and verify the tutor or coach is not barred from working with children in NSW.

Verifying that a tutor or coach can work with children is quick and easy – just follow the simple steps at www.kidsguardian.nsw.gov.au/parentscheckthecheck

If you suspect that an adult is providing services to children without a Working With Children Check you can go online to make a confidential report or phone (02) 9286 7219.

Help to keep kids safe by sharing **#parentscheckthecheck** with your family and friends through your own social media networks .

Other sites:

<https://www.esafety.gov.au/>

PARENTS

Has your child's private tutor or coach had a **Working With Children Check?**

Tutors must have a current WWCC

Parents must verify the WWCC online

Got a clearance? You're good to go!

NSW | Children's Guardian

Scan the QR code

the working with children check

www.kidsguardian.nsw.gov.au/parentscheckthecheck



Education

First Aid – Frequently Asked Questions

Some parents want us to keep Panadol and Nurofen in the first aid kit. Can we do that?

No. The only medication that can be kept in the first aid kit is a general use adrenaline autoinjector.

Schools do not generally supply or administer medications unless they have been provided by parents as part of the negotiated individual health care plan for a specific student, including the prescribed medications form.

See link below:

<https://detwww.det.nsw.edu.au/workhealthandsafety/faqs-coming-soon>









Uniform

Congratulations to the vast majority of students who are now wearing appropriate uniform. With the cooler weather now upon us, please remember that the only track pants are Chifley brand. Students may also wear black, blue or grey plain dress pants or plain jumpers. Brand Chifley is the only brand we recognise in this campus.



Could \$500 help with your child's start at school?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|--|--|
|  uniforms & shoes |  lessons & activities |
|  books & supplies |  camps & excursions |
|  sports fees & gear |  laptops & tablets |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Contact
Domenic Rosina
your local Saver Plus
Coordinator

Phone
0466 745 311

Email
domenic.rosina@
thesmithfamily.com.au

Web
www.saverplus.org.au



SCHOOL ZONE OFFENCES

WHAT ARE YOU RISKING?*



Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need YOU to take extra care when driving and parking around school zones.



No Parking

No waiting. You have 2 minutes to drop-off or pick-up. You must stay within 3 metres of your vehicle.



No Stopping

You must not stop on a length of road with a No Stopping sign. The first 10m from an intersection is a no stopping zone. Yellow kerb lines are also No Stopping zones.



Bus Zone

Only a public bus can stop in a bus zone.



Mobile Phones

Extra fines apply for using mobile phones in a school zone.



May be subject to Double Demerits

Speeding Offences



40km/h is the limit. Children are vulnerable, so slow down in school zones.



May be subject to Double Demerits

Pedestrian Crossings

1. In a queue of traffic, no part of your vehicle can stop on a pedestrian crossing.

2. Do not let your child in or out of a vehicle at a pedestrian crossing as this is a No Stopping zone.



Driveways & Footpaths

Do not park on or across a driveway or footpath.



U turns

Illegal on or near a pedestrian crossing and across double white lines.



Double Parking

Double parking is illegal and is very dangerous in a school zone.



PENRITH CITY COUNCIL

Blacktown City Council

*Fines current as of March 2018. Fines and demerit points are subject to change. For more information check out the NSW Centre for Road Safety website.

Year 12 Team Report

The year continues to fly by and for our Year 12 students many important dates and events are coming up. Here are some things to be thinking about.

HSC Trials

The HSC Trial Examinations commence on **Thursday 15th August** and conclude **Friday 30th August**. This will be your final practice for the HSC Examinations. The timetable will be released as soon as possible. Keep an eye on your emails and check them regularly.

HSC Examination Timetable

The HSC Examination timetable has been released! The HSC Examinations commence Thursday 17th October. Each student can access their personalised HSC timetable by logging onto <https://studentsonline.nesa.nsw.edu.au> with their NESA student number.

If you are having trouble viewing your own HSC timetable, see Ben Coburn (office at entrance to library) for assistance. Check with your teachers about the required equipment for each examination and ensure you are prepared for your examinations.



Practical Examinations and Projects

Some subjects not only have written examinations, but practical components as well. If you are enrolled in such



subjects, please be mindful of the following dates of practical submissions and/or examinations.

- ✓ French Beginners Oral Exam: Saturday 7th September
- ✓ Italian Beginners Oral Exam: Saturday 31st August
- ✓ Society and Culture PIP - Completion and hand in date: 5th August
- ✓ Industrial Technology Projects - hand in date: 15th August
- ✓ Design and Technology Projects – Completion and hand in date: 29th August
- ✓ Visual Art Body of Work – Completion and hand-in date: 2nd September
- ✓ Music Performances: Check with your teacher (between 9th – 22th September)

Please check these dates with your teacher and/or the NESA web site.

Preparation for examinations should begin now! Some suggestions to ensure you are prepared:

Past HSC papers: practise past HSC exam papers. Past HSC papers can be found at http://www.boardofstudies.nsw.edu.au/hsc_exams

Study notes: create study notes now for your Trial and HSC examinations.

Feedback: ask your teachers for additional feedback on how to improve.

Time: most students are time rich. Spend some time each day on homework, assessment tasks and preparing study notes.

If you need extra assistance to prepare for your HSC Examinations, see one of the Year 12 Leadership Team – Eliya Naqvi, Paul Eldridge, Ben Coburn, Kristena Oliveri and Lisa Luke.

Work Placement

If you have undertaken a VET course in Business Services, Construction, Hospitality, Information and Digital Technology, Metal & Engineering or Retail Services, you must ensure that the mandatory **70**



hours of work placement have been finalised or are almost completed. Failure to do this may result in the non-qualification for the HSC and will certainly affect your Certificate

Award or Statement of Attainment

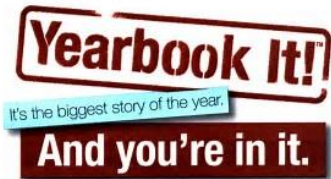
Formal

The formal this year will be at The Colebee Centre on Tuesday 19th November, 2019.

The cost will be \$110.00 per person.

Late payments will be accepted. However the price will increase as follows: Payments received between 15th October - 9th November will be \$140.00 per person and from 12th November - 19th November will be \$160.00 per person.

This is a drug, smoke and alcohol free event. Please do not hesitate to call the Year 12 Advisers if you have any queries.



Keep an eye out for more details regarding your Yearbook. Student Profiles will need to be filled out soon and and be prepared to smile for the camera!!

Reports

You should have received your Semester One reports with this newsletter. Well done to those who are making great progress. To those who are not, there is still time to get things right! Please make sure that you rectify any unsatisfactory courses.

All the best, Year 12 Team



VET @ Senior Campus

Courses offered and Certificates or SOA on Offer

- Business Services - Certificate II Business
- Construction - Certificate II Construction Pathways
- Hospitality – Food and Beverage - Certificate II Hospitality
- Information and Digital Technology - Statement of Attainment towards Certificate III Information, Digital Media & Technology
- Metal and Engineering - Certificate I Engineering
- Retail Services - Certificate III Retail
- Sport Coaching - Certificate II Sport Coaching

Work placement

All Students who are enrolled in a VET course (listed above) are required to undertake 70 hours (Sport Coaching 35 hours) of **mandatory** work placement. The work placements are sourced by an external provider (except Sport Coaching) and the classroom teacher will negotiate with students for each placement.

The Student Placement Record (SPR) **MUST be signed by the parent / guardian** prior to the student commencing work placement. This paperwork ensures that the student is covered by the Department of Education Insurance while undertaking work placement.


Students are to arrange their **own transport** to work placement. Discuss with your son/daughter safe travel arrangements for the week of the placement.

Failure to complete the required hours will result in an N Determination from NESAA – NSW Education Standards Authority. If a student is going to be absent for any of the work placement hours, a **medical certificate** MUST be supplied. If a student fails to complete the arranged work placement, the student will then be required to arrange their own work placement.

USI – Unique Student Identifier

All VET students are required to generate a USI for themselves so they can receive their Certificate at the completion of the course. If your son/daughter has not yet generated their Unique Student Identifier, they may not receive their credential at the end of the course. Please contact Ben Coburn if you have any queries.

[Click to reset form](#)



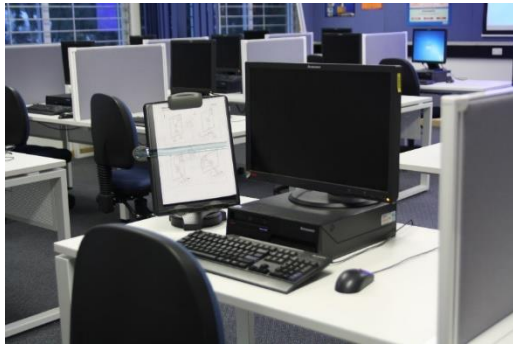
Original to be held by the school
Copy 2: for the student

Copy 1: for host employer
Copy 3: for the parent or carer

| Student Placement Record | | | |
|---|----------------|---|-------------------------|
| Student's Name: | School: | Host Business: | |
| Tick more than one if applicable: <input type="checkbox"/> HSC VET work placement <input type="checkbox"/> Work experience <input type="checkbox"/> Other <input type="checkbox"/> Accommodation away from home | | | |
| Section 1: Student placement details | | | |
| Start date | Finish date | Total number of days | Related course/activity |
| Student's starting time | Finishing time | Lunch break | Student's total hours |
| Tick where relevant: <input type="checkbox"/> Block <input type="checkbox"/> One day per week <input type="checkbox"/> Split shifts | | | |
| Host employer 'onsite' address | | Details/Location between split shifts: | |
| | | Contact person | |
| | | Phone | Mobile |
| | | Email | |
| Student information | | | |
| Name | Year (e.g. 10) | Date of birth | |
| Student's mobile no. | Medicare no. | | |
| Details below (or attached) of any adjustment, medication or medical condition (e.g. severe asthma, type 1 diabetes, epilepsy, anaphylaxis or other severe allergy), disability, learning and support need or factors the school or employer should know: | | | |
| Please tick where applicable: <input type="checkbox"/> I am at risk of an anaphylactic reaction and will carry an adrenaline auto-injector, e.g. EpiPen and relevant ASCIA Action Plan. | | | |
| <input type="checkbox"/> The placement includes out of normal business hours, e.g. 6-9pm | | | |
| Name of student's emergency contact out of normal business hours | | | |
| Parent/carer/other | | Home Ph | |
| Mobile | | Work Ph (if relevant) | |
| <input type="checkbox"/> I have completed all pre-placement activities. | | <input type="checkbox"/> I know who to contact in case of emergency. | |
| <input type="checkbox"/> I am aware of my rights and responsibilities. | | <input type="checkbox"/> I am aware of the contents of the Privacy Notice on Page 3. | |
| <input type="checkbox"/> I understand my responsibilities during the placement to support work health and safety in the host workplace. I know I must not do anything to jeopardise the safety of myself or others. | | <input type="checkbox"/> I will comply with all reasonable directions of the host employer and their employees. | |
| <input type="checkbox"/> I understand that if I feel unsafe during the placement I have the right to not undertake the task and report the issue, as soon as possible. | | <input type="checkbox"/> If I have access during the placement to business or personal information which is private and confidential, I will not convey that information to any person outside the host employer's workplace. | |
| <input type="checkbox"/> I understand my safety is of the highest importance during the placement and there are no negative consequences to me in reporting health and safety issues to my school, the host employer or to my parent(s)/carer. | | <input type="checkbox"/> I will not use any mobile devices to record conversations, video or take photos without permission from the host employer or supervisor. | |
| <input type="checkbox"/> I know I must contact my school if I have any concerns about my placement. | | <input type="checkbox"/> I will inform my supervisor and the school promptly of any injury or accident that involves me. | |
| <input type="checkbox"/> I will inform both the host employer and my teacher as soon as possible if I am unable to attend the workplace. | | Student signature _____ Date _____ | |

VET Facilities @ Senior Campus

Business Services Office Space



Construction Facilities



Metal & Engineering Workshop



Hospitality Cafe



IDT Computer Labs



Retail Services Shop



Sport Coaching Facilities



VET @ Senior Campus

Work Placement Activities!

I would like to draw your attention to the Department of Education Workplace Learning for Secondary Students in Government Schools Policy. Work placement plays a vital role in the Senior Campus curriculum and it is expanding with every student intake.

Some of the most important sections of the policy are:

- The policy covers HSC VET work placement, work experience, career and enterprise programs, student mentoring in the workplace and School Based Apprentices and Trainees (SBATs).
- A **Duty of Care** rests with the school.
- **Insurance** and **Indemnity** provisions of the Department of Education and Community apply to work place learning placements **approved by the Principal or his delegate**.
- Regular and effective communication with **parents/carers, support staff and host employers**.
- The provision for **appropriate work place learning opportunities** for students with special needs.
- **WORK PLACEMENT HOST EMPLOYERS SOURCED BY PARENTS OR STUDENTS WILL NOT BE COVERED BY THE DEPARTMENT'S INSURANCE UNLESS THE HOST EMPLOYER HAS BEEN INSPECTED AND APPROVED BY THE SCHOOL OR WORK PLACEMENT PROVIDER PRIOR TO WORK PLACEMENT COMMENCING.**

You as parents of students participating in **work placement/experience** also have a major role to play. You need to:

- **Provide permission** for your son/daughter to participate in the work placement program via the **Student Placement Record** form.
- **Understand** the purpose of work place learning programs.
- **Discuss** and **plan safe travel arrangements with your child**.
- Supply **emergency contact numbers** for work placements after normal business hours.
- Report **concerns** to the school.

Students need to be reminded of their **responsibilities** in work placement. They must:

- Complete a **Student Placement Record** supplied by the School.
- **Participate** in work placement activities.
- **Travel** safely.
- **Communicate** any **concerns** regarding work placement to their School supervisor.
- **Inform** your **host employer** and the **School Supervisor** immediately if you are going to be absent (sickness or an immediate family issue are really the only reasons for an absence).

If you have any questions please feel free to contact me at school on 9625 9920.

Ben Coburn
VET Coordinator

SKILLS & THRILLS @ Senior Campus

Skills and Thrills Careers Showcases for parents

Helping parents to assist their children in making informed decisions surrounding post school pathways

The Skills and Thrills careers showcase is an engaging, informative and entertaining showcase, created to highlight vocational education and training (VET) and the success stories that emanate from VET pathways. The Careers Showcase will help parents better understand vocational pathways, including apprenticeships, traineeships and school-based apprenticeships and training giving parents the knowledge they need, to help their children make informed career choices post high school.

Through the showcase, parents and students will learn about the following;

- Apprenticeships and Traineeships
- TAFE/ Private Training Providers
- Funding options available (Smart and Skilled)
- In school options (SBAT's)
- Where to find information
- Who can assist/ resources available
- Opportunity to speak with parents and students who have chosen or who's child has chosen a VET pathway (Q&A)

The Skills and Thrills showcase will be held on **Thursday 25th July 2019 (Term 3 Week 1)** from **6:00pm – 7:30pm** at **Chifley College Senior Campus Multi Purpose Centre (MPC)**.

Attendees **must** register via the online registration link

<https://chifleycollege.eventbrite.com.au>

We encourage you to attend with your high school aged children.

SKILLS & THRILLS @ Senior Campus

PARENTS SHOWCASE

HELP SUPPORT YOUR CHILD
MAKE INFORMED CAREER CHOICES!

SKILLS AND
THRILLS

GET INFORMATION ON -

- Apprenticeships /
- Traineeships
- Industry Trends
- Jobs of the Future
- Funding options and
- more!

A SHOW NOT TO BE MISSED!

WHEN: Thursday 25th July, 6:00-7:30pm

LOCATION: Chifley College Senior Campus

(School Hall), 67 North Parade Mount Druit

NSW

COST: Free

BOOKINGS REQUIRED:

<https://chifleycollege.eventbrite.com.au>



skillsone™

Year 12 Student References

Each year the school provides an individual reference for our exiting Year 12 students to use for applications in further education and/or employment. It is a very important document that highlights some of their qualities and achievements whilst they have been at Chifley College Senior Campus. Students have an opportunity to have an input into the process on what goes onto their reference, and will be given a proforma to complete with details about themselves and any achievements they may want added. Could we please ask parents/carers to encourage their son/daughter to get the proforma back to their Year Advisors or DP's ASAP so that the information gets included in the references. We would like the reference to be as encompassing as possible of their time here at Senior Campus.

Year 12 Leadership Team

Important Dates for Year 12, 2019

Term 2

Tuesday June 25 Recognition Assembly

Term 3

Thursday August 15 to 30 Trial HSC Exams commence for 2½ weeks

Thursday September 26 Year 12 Final Reports issued

Thursday September 26 Year 12 Graduation Assembly, 9.45am Parents and friends welcome

Term 4

Monday October 14 to 16 HSC Tutorial Week

Thursday October 17 HSC Exam commences

Monday November 11 HSC Exams conclude

Tuesday November 12 Year 12 Sign out day

Tuesday November 19 Year 12 Formal

Term 1, 2020

February 2020 (date TBA) HSC 2019 Excellence Assembly

YEAR 11 TERM 2 WRAP UP

We are now over the half-way point of our Preliminary year together and we are proud to see most of Year 11 students applying themselves diligently, ensuring that they are satisfactory in all of their subjects.

REPORTS

All staff at Senior Campus have just completed the Semester 1 reports. You will receive a comprehensive look into how your child is progressing in all 6 of their subjects.

The aim is to be satisfactory in all 6 of the subjects studied. Students who do not live up to this expectation, may find themselves in the Job Search Program after consultation with the Year 11 Leadership Team and parents.

A recognition assembly to celebrate the achievements of Year 11 will be held on Tuesday 25th of June at 11.30am. Parents of the award recipients will be formally invited closer to the date.



UNIFORM

For the most part, the uniform worn by Year 11 has been fantastic.

A friendly reminder to all students that the only trackpants permitted at Senior Campus are the College trackpants available for purchase from the front office for \$25. No other brand is permitted.

Tight, denim (both black and blue) are also not permitted.

Our Canterbury jackets have arrived earlier than expected so there are many warm students out there.

The only jumpers permitted for wear during the winter months are plain navy blue, grey or black jumpers with no logos or the college jumper and Canterbury jacket. College jumpers are available for purchase from the office for \$25.

REMEMBER BRAND CHIFLEY!



LATENESS



It is an expectation that all students arrive at the Campus no later than 8.30am each morning. Every minute in the classroom is vital for student success. A new late policy is now in place where students who are continually late with no just cause are being placed on a Student Punctuality Plan in consultation with Parents and the Year 11 Deputies.

CAMPUS PHOTOS

On Tuesday 7th of May all students in attendance participated in Campus photos.

These photos will be made into Campus Identification Cards for students to bring during examinations with their NESA number and may also be used as proof of being a student to receive concession prices for entry into numerous places.

If you were not present during photo day, please see Nikki Beaton to have an ID card made for you to use for examinations and concessions.



S.R.C.

During the next week, Year 11 will be undertaking the Self-Nomination SRC process for 2019. Students are invited to nominate themselves for a position on the SRC with an endorsement from a member of staff. Forms are due to Suzie no later than Friday 31st of May 2019.

The successful candidates will be presented with their badges on the Year 11 Semester 1 Recognition Assembly on Tuesday 25th of June at 11.30am.

YOUR VOICE

FAST FORWARD

Over the next few months, a number of Year 11 students will be involved in the Fast Forward Program conducted by Western Sydney University.

As part of the program, students are able to take part in a series of experiential learning opportunities relevant to their needs at a Stage 6 level. Those students choosing to study at Western Sydney University after completing their schooling are also assisted in their transition to University and given the opportunity to be role models to younger students in the program, further developing their leadership skills. We wish our participants well for these upcoming excursions.



SUBJECT CHANGES

Subject changes are now CLOSED. It is important that students complete 6 courses in the Preliminary year and as such, the ability to alter patterns of study past our half-way point is difficult and not recommended. Should you wish to speak to a Deputy regarding this process, please do not hesitate to see Suzie.



Literacy and Numeracy: What parents need to know



Important information for parents/carers
Year 11 2019 – Year 12 2020

Your child will need to meet a
minimum standard of literacy and numeracy
to qualify for the HSC

How is the school supporting your child's numeracy and literacy?

- Providing personalised online support for literacy & numeracy
- Providing Minimum Standards classes
- Revising literacy and numeracy skill in **every lesson**

How can you support your child's numeracy and literacy?

- Ask your child about their HSC Minimum Standards Online Test results, given to them by their Literacy and Numeracy Teacher during class time
- Collect your child's Literacy and Numeracy Proficiency statement at Parent Teacher Night. Staff members of the Literacy and Numeracy Team will be available to discuss these results with you.
- Support your child to stick with their homework plan for revision
- Support your child's attendance - every lesson, every day



Learn – Discover – Inspire

Please contact the school if you have questions or concerns. Phone 9625 9920

Chifley College Senior Campus Newsletter

Commencing Monday 27th May 2019 there will be significant changes to the Busways Western Sydney Network, resulting from the introduction of the Norwest Metro.



SCHOOL TIMETABLE

WESTERN SUBURBS REGION

Chifley College Senior Campus - North Parade

Timetable effective from Monday 27 May 2019

Amended 21/05/2019

(R) Bus Turns Right - (L) Bus Turns Left

MORNING

| Bus Number | Route Number | Time | Locations Serviced | Route Description |
|------------|--------------|---------|--|--|
| - | 759 | 7:20 AM | North St Marys Ropes Crossing Willmot Lethbridge Park Emerton Dharruk Blackett | Departs St Marys Interchange (North Side) via Forrester Rd, Ropes Crossing Blvd (R)Susannah Dr (L)Pulley Dr (L)Hollows Pde (R)Ropes Crossing Blvd (R)Beston Dr (L)Australis Dr (L)Palmyra Av (R)Captain Cook Dr (L)Palmyra Av (R)Forrester Rd (L)Hatherton Rd (7:36am) (L)Luxford Rd (R)Bougainville Rd (R)Copeland Rd (L)Jersey Rd (R)Carlisle Av (L)North Pde to Mt Druitt Interchange (7:57am). |
| - | 780 | 7:48 AM | Tregear Whalan | Departs Rymill Rd & Penguin Pl via Rymill Rd (R)Hatherton Rd (R)Luxford Rd (R)Belmore Av (L)North Pde to Mt Druitt Interchange (8:06am). |

AFTERNOON

| Bus Number | Route Number | Time | Locations Serviced | Route Description |
|------------|--------------|---------|--|---|
| - | 759 | 3:29 PM | Dharruk Blackett Emerton Lethbridge Park Willmot Ropes Crossing North St Marys | Departs Mt Druitt Interchange via North Pde (R)Oxford Ln (R)Kurrajong Av (L)Carlisle Av (L)Jersey Rd (R)Copeland Rd (L)Bougainville Rd (L)Luxford Rd (R)Hatherton Rd to Rymill Rd (3:44pm), continues Hatherton Rd (R)Forrester Rd (L)Palmyra Av (R)Captain Cook Dr (L)Palmyra Av (R)Australis Dr (R)Beston Dr (L)Hollows Pde to Ropes Crossing Shops (3:56pm), continues Hollows Pde (R)Pulley Dr (R)Susannah Dr (L)Ropes Crossing Blvd, Forrester Rd (L)Glossop St (R)Phillip St (R)Lethbridge St to St Marys Interchange (4:14pm). |
| - | 780 | 3:33 PM | Whalan Tregear | Departs Mt Druitt Interchange via North Pde (R)Belmore Av (L)Luxford Rd (L)Hatherton Rd (L)Rymill Rd to Penguin Pl (3:49pm). |

Check out our FACEBOOK site

Learn
Discover
Inspire



Chifley College Senior Campus

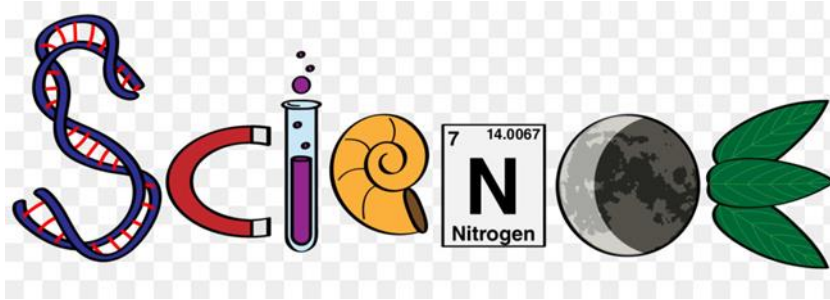
Chifley College Senior Campus ✓
School

Like

Message

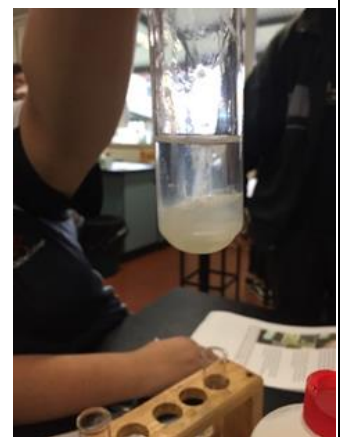
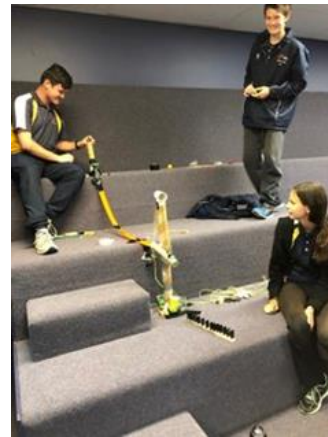
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<https://www.facebook.com/chifleycollegeseniorecampus>



Mac Uni Enrichment Day

On Friday 10th of May 2019, Chifley College Senior Campus hosted Macquarie University and students in year 9 and 10 from across the college for an Enrichment Day.



Students had the opportunity to extract DNA from a banana, complete complex mathematical competitions and puzzles and test their skills against gravitational forces to develop the most complex ramp possible.

Lauren Cocking, Owen Croft, Tupou Folau, Amatul Kashaf and Bethany Kojongian did a fantastic job of assisting staff and students from Macquarie University in furthering the scientific understanding and engagement of the year 9 and 10 students.



Ancient History



Encounters with the Past- A Visit to the Museum of Ancient Cultures

Museums today are more than just places that display objects. They are also teaching centres and centres for the active conservation and study of the artefacts from past societies. On Wednesday 22nd of May a group of Year 11 Ancient History students visited the Museum of Ancient Cultures at Macquarie University.

Students were involved in a number of activities during the three hour visit. They took part in a debate about the ethics and concerns of: conservation, the display of human remains, and ownership of the past and the role of museums. It was pleasing to watch students challenged and engaged by the questions as they endeavoured to justify their opinions.

Students were shown a new exhibition of artefacts from Israel, which reveal the trade links Israel had with Egypt and other countries of the region. This was particularly important for students as this will be their next topic of study. The third session involved a hands-on examination and identification of ancient artefacts and a 3D view of an archaeological dig in Israel, using special goggles.

Students were given a short talk by Dr Eve Gerry on the source material for trade contacts in Israel. Lastly, students had to take on the various roles of archaeologists as they moved around a series of tables which required different skills: putting pottery back together, identify parts of a skeleton (this was plastic), sifting through sand for artefacts and identifying the script on tablets.

We are thankful to Todd who drove the bus for us and joined us for the day. A second group of students will also visit the Museum and we hope they will find it equally enjoyable.



POMPEII CAST PROJECT UPDATE

Public Lecture

On the evening of Thursday 13th June Chifley College Senior Campus will host a free public lecture (5.15pm). Dr Estelle Lazer will discuss her new research on the Pompeian victims of the Mt Vesuvian eruption in 79AD. New technologies, including X-Rays and CT scanning, have allowed us to analyse the human remains encased in the famous plaster casts. This lecture will provide information about what science can tell us about how these people lived and how they died. Tickets are available through <https://events.eventzilla.net/e/pompeii-cast-project-estelle-lazer-lecture-2138745993> Use the password **LAZER** to book your tickets. There will be complimentary tea and coffee provided on the night. Contact Dianne Harper for further information

Dr Estelle Lazer

An archaeologist with an international reputation for her work on the human victims of Pompeii in southern Italy.



Dr Estelle Lazer

is an archaeologist with an international reputation for her work on the human victims of Pompeii. She has long studied the site's human skeletons, and her current project is to CT scan and X-ray the unique casts of these victims. Her work forms a core part of the Ancient History syllabus for the NSW Higher School Certificate.

Estelle is an Honorary Research Associate in the Department of Classics and Ancient History at the University of Sydney. In October 2017, the University of Sydney and the Pompeii Archaeological Park signed an historic Memorandum of Agreement to partner in an important new scanning project led by Estelle.

ENRICHMENT DAY

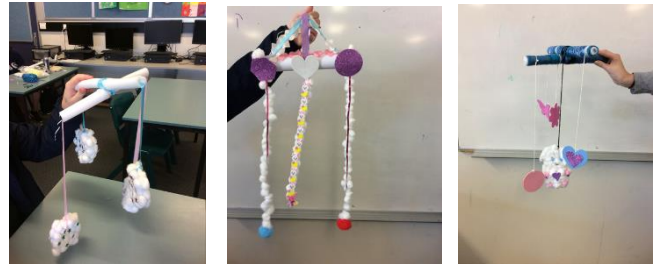
On Friday 14th June, 150 history students from all Chifley College campuses will attend an enrichment day at Senior Campus. This day is the culmination of our partnership with the University of Sydney, and will provide opportunities for students to engage with working historians and archaeologists about their work in Pompeii, and Roman History generally. On the day, students will attend a variety of workshops and activities, including lectures on the human remains from Pompeii and death and burial in Pompeii. Activities include a Roman weapons demonstration, detective tasks, mosaic restorations and even an escape room! Ancient History students are urged to return their permission note and \$5 ASAP. Further information is available from Dianne Harper or Terri Katsikaros.

Exploring Early Childhood



Exploring Early Childhood is a Content Endorsed Course offered as a 2 Unit subject studied over two years (Preliminary and HSC Years).

This course has a practical and theoretical component. Students develop an understanding and awareness of the growth, development and learning of young children.



Mobiles for the cot

Art on a plate for fussy toddlers



Year 12EEC – CPR





Geography Excursion

The HSC students during week 4 of term 2 went on their annual excursion to Pymont. With Steve Freeborn as the guide, this annual excursion provides the students with the opportunity to complete field work on urban geography.

In particular it allows the students to assess how the traditional industrial landscape has altered as a consequence of several years of dynamic change. The excursion also highlights the associated demographic changes that have turned Pymont into a vibrant multicultural inner city suburb.



ENGLISH FACULTY



Multimodal Presentations in your Preliminary & HSC English Course.

The new HSC English syllabus has brought in a lot of new changes including the introduction of a multimodal presentation. Multimodal presentations have been around for a while, but now they are a **compulsory** part of Year 11 and 12 assessments across all the English courses.

Why do I need to do a multimodal presentation?

From 2018, all year 11 students will have to give one multimodal presentation as part of their three formal assessments. In Year 12, from 2019 onwards, students will need to give one multimodal presentation as part of their formal assessment process.



What does 'multimodal' mean?



NESA defines the different ways of engaging with texts as 'modes'. They provide the following categories: listening, speaking, reading, writing, viewing and representing.

When something is multimodal, it uses a combination of two or more of the above modes.

NESA advises that 'the multimodal presentation is designed to provide students with the opportunity to demonstrate their knowledge, understanding and skills across all of the modes. A multimodal presentation includes at least one mode *other* than reading and writing such as listening, speaking, viewing and representing.

What do multimodal presentations require students to do?

A multimodal presentation requires students to demonstrate ability across various modes. This is a skill necessary in the real world and the majority of modern workplaces. You will not be expected to produce amazing artworks or videos, instead, you will be assessed on how you represent ideas and the strategies you take.



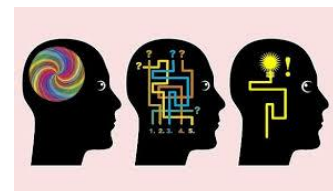
What forms can a multimodal presentation take?



The most obvious type of multimodal presentation is the classic in-class speech, accompanied by some sort of visual aid. However, the Senior Campus English Faculty have welcomed all kinds of new types of presentations in our assessments. These include Digital Reviews, Audio Recording/Podcasts, Videos/Vlogs, Viva-voices, PowerPoint Presentations, Prezi and many more.

How to ace a multimodal presentation.

- ✚ Read over the assessment question
- ✚ Unpack the question and underline key words
- ✚ Gather your notes and decide which approach is best suited for your understanding
- ✚ Plan your presentation – the modes and the structure
- ✚ Write and sketch a draft that includes ideas on visual, aural and oral modes
- ✚ Put it all together
- ✚ Edit
- ✚ Polish
- ✚ Revise and practise the presentation



English for the win! Belvoir Theatre

The Wolves *“Life isn’t a game – but each player realises she’s part of a team, and never truly alone.”*

Each year, the English Faculty are privileged to obtain tickets to several performances at the Belvoir Theatre in Surry Hills. On Wednesday 27th February, Year 12 English students ‘scored’ tickets to watch a performance of the play, The Wolves.

Students enjoyed the theatre experience and appreciated the important messages of the play. With an all-female cast and production crew, The Wolves is about a soccer team of young women who are close friends and look out for each other.

The play focuses on a season of their lives and the audience learn about their anxieties and secrets. Importantly, the audience also learns how these young women resolve their petty squabbles and deeper divisions.

The official Belvoir Theatre description of the play reads:

“In an age where people are being driven to increasing isolation, these young women find strength and meaning in each other. As long as they play together, the violence, distrust and confusion off the field can be resisted. But this is just the warm up. The real game is about to come crashing into their lives.”

Students participated in a Question & Answer session after the performance and walked away at the end of the play with a better understanding of how lighting and music can be used effectively to convey important elements of the play. They also gained an understanding of how the actresses prepared for their performance in terms of rehearsing and figuring out how they were going to portray their characters. Many of our students were also intrigued by how watching a performance of a play is a different experience than reading it. It gave many of our students a better understanding of what an audience experiences when they see a play enacted.

Students are eagerly anticipating the next Belvoir Theatre excursion!

Lisa Freitas & Priyanka Mudliar
(English Teachers)



Chifley College Senior Campus

All parents and community leaders are cordially invited to be part of our School Council, which meets once a term.

Please feel free to contact Rob Pecovnik, Secretary, if you are interested on 9625 9920.



Year 12 English



Belvoir Theatre excursion



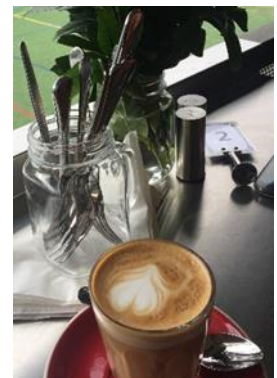
Home Economics

Term 2 Café



During Term 2, Year 12 Hospitality have been putting their skills to good use running Chifley Cafe. Chifley Cafe is a simulated cafe environment in which students work to prepare and serve food in a way that reflects industry practices and expectations. This supports students to develop valuable work skills and helps them achieve Hospitality competencies.

The hard work of Hospitality students has been greatly appreciated by staff and students who have been acting as customers. Chifley Cafe may be simulated, but the food and service has been excellent! Congratulations to Jan Doran, Amy Appleton, Debbie Ford, Leonie Dunn and all the Year 12 Hospitality students who have worked so hard to make Chifley Cafe a success.



Another Reminder about Major Projects...

To all students who are undertaking a Major Project for Design and Technology or Industrial Technology, you should be very busy at the moment, working hard on your **PROJECT** and **PORTFOLIO**. The due date for your projects will be early in Term 3. Aim to finish the practical element of your project by the end of **THIS** Term.

Make sure you attend all available tutorials.

**TAS tutorials are held in Week A on Friday afternoons from 12:40pm
See your teacher for other available afternoons.**

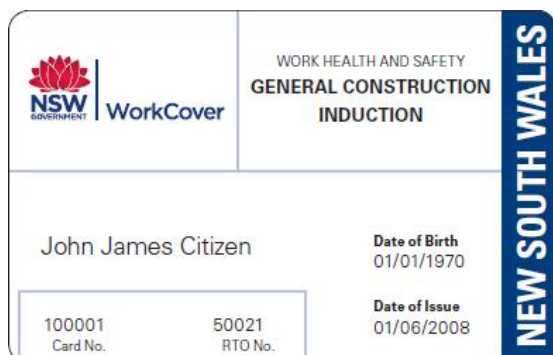
SAFEWORK NSW GENERAL CONSTRUCTION INDUCTION TRAINING - WHITE CARD COURSE

The school has organised White Card courses for students who are currently enrolled in the subject of Construction. Students require a White Card to be able to attend Work Placement. These courses run from 8am through to 3:00pm (approx. finish time) over 2 Days and are run here at school. Courses will be held on the following dates:

Thursday 6th June and Friday 7th June 2019

Thursday 27th June and Friday 28th June 2019

The cost this year is \$22.50 per student.





Sport News

BOYS RUGBY LEAGUE PROGRAM

The Chifley College Boys Rugby League Program has commenced Term 2 with a strong victory in the St Mary's Cup over Illawarra Sports High School 42-12 at home. The boys led this game throughout in a dominant fashion against a young Illawarra team.

❖ ***Man of the Match: Ralph Hampton.***

In our second game of the St Mary's Cup the team suffered a close loss against Endeavour Sports High School 34-20. Endeavour got the jump in the first half shooting out to a 20 point lead at halftime. But the team showed great resilience in the second half fighting back to level the game 20 all with 10 minutes to go. With a few costly errors late in the game, we eventually lost 34-20 to a strong and well coached team away from home.

❖ ***Man of the Match: Jeremiah Tufuga.***

The program had a strong period of training during Term 1 which has laid some good foundations for the competitions which lay ahead in Terms 2 and 3. With a fairly young group the team will need to utilise the lessons learnt at training and during our early season games. This will help them to continue to improve and progress with a focus on competing with the elite schools in the University Shield and GIO Schoolboy Trophy competitions which are knock out format and leave no second chances. The program is looking forward to continuing to perform strongly in the St Mary's Cup Competition for the remainder of Term 2 as we try to win our third consecutive St Mary's Cup Competition with Finals Day scheduled for early Term 3 at St Mary's Stadium. The GIO Trophy competition will commence in Term 3 and we will play our first University Shield game later in Term 2.

NSWCHS St Marys Leagues School Cup Rugby League Open Girls Competition 2019

This year the comp has branched out to schools all over NSW. Chifley College Senior Campus Girls team has had 2 matches so far. One against Endeavour was held at home at St Marys Leagues Club Training field and the other was against Hunter Sports High School which was held in Charlestown.

Chifley College Senior Campus girls wear brand Chifley with pride and always display a friendly, professional, respectful attitude towards the opposing team and management staff as well as the facilities.

Chifley College V Cronulla - Cronulla Forfeit

Chifley College Senior V Endeavour 30-4

Chifley College Senior V Hunter Sports High School 24-12



Chifley V Hunter and Kalyn Ponga who showed support to young women in league. A great day.

Careers News

from Anne Baker, Careers Adviser

Year 12....do you realise you only have 16 weeks of school left?You are half way through your final year of school! "What will I be doing in 2019?"

You must start planning and preparing for what you are going to do in 2019!

Think....are you putting as much thought into your Career Path as your School Formal?

The Western Sydney Careers Expo is on again at Olympic Park between Thursday 27th June and Sunday 30th July. This event is a great opportunity to collect resources on university, TAFE and training colleges and employers, plus seminars on HSC, study advice, employment, gap year and tertiary courses.

So start to map out your **"Exit Plan"**. Please see me for further assistance...the Careers Resources Room is located in the Library.

By completing Year 12 you have set yourself up to complete further study or training, get a job, earn good wages and tackle future challengesI hope you make the most of the opportunities.

Our School Password is:

"ccsc" lower case

The news for your Careers sent to you!

Visit: www.jobjump.com.au



Education
Standards
Authority

STUDENTS ONLINE

for NSW students in Years 10 to 12

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Welcome to Students Online

Students Online is your source for information about your study from Year 10 to the HSC.

What you need to know

2019 HSC students

- Your personal HSC timetable is now available
- Assessment ranks will be available 12 November – 2 December 2019
- HSC results release – 17 December 2019

2018 HSC students and student leavers

Your access to Students Online will close on 30 June 2019.

All students

Once you have logged into Students Online:

- Check your confirmation of entry to ensure your name, courses, address, email and phone number are correct.
- Inform your school of any name changes or course concerns.

You can change your address, email and phone number in the personal details section.

You can download your free PDF credentials in the Results Services section.

View past [Students Online](#) newsletters

Login

Login below or [activate your account now](#)

Student

Number:

PIN:

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[HSC Rules and Procedures Guide](#)

[Advice for students choosing HSC courses](#)

[HSC examination study tips and tools](#)

[How HSC results are released](#)

[The Record of School Achievement or RoSA](#)

[Key dates](#)

[Latest news](#)

How To Make A Career Plan Template

Making a career plan is a bit like planning a road trip from one place to another. On a road trip, we need a map showing where we want to get to and the road or roads we need to travel. We also need to know what we will use to get us there – car, bus, motorbike etc.

Our career plan is the roadmap for our career. We need to know the career or job goal we are aiming for, the step by step direction and timeframes we will follow to get there – study, employment, 5 year plan etc., and the tools we will use to reach our goal – special skills training, work experiences, qualifications etc.

Career planning is the continuous process of:

- thinking about your interests, values, skills and preferences;
- exploring the life, work and learning options available to you;
- ensuring that your work fits with your personal circumstances; and
- continuously fine-tuning your work and learning plans to help you manage the changes in your life and the world of work.

You can revisit and make use of this process all the way through your career.

The career planning process has four steps. Start at the step that is most relevant for you now.

- Step 1: knowing yourself
- Step 2: finding out
- Step 3: making decisions
- Step 4: taking action

Step 1: knowing yourself

Begin by thinking about where you are now, where you want to be and how you're going to get there.

Once you have thought about where you are at now and where you want to be, you can work on getting to know your skills, interests and values.

Begin by asking yourself the following questions:

- Where am I at now?
- Where do I want to be?
- What do I want out of a job or career?
- What do I like to do?
- What are my strengths?
- What is important to me?

There are a number of tools that can assist you in exploring your strengths, skills and interests. You can find these by clicking on either of the links below;

MindTools – Toolkit – Career Skills
CareerCentre

At the end of this step you will have a clearer idea of your work or learning goal and your individual preferences. You can use this information about yourself as your personal 'wish list' against which you can compare all the information you gather in Step 2: finding out. Your personal preferences are very useful for helping you choose your best option at this point in time, which you can do in Step 3: making decisions.

Step 2: finding out

This step is about exploring the occupations and learning areas that interest you. Once you have some idea of your job preferences you can research the specific skills and qualifications required for those jobs.

- Explore jobs that interest you and ask yourself how do my skills and interests match up with these jobs?
- Where are the gaps?
- What options do I have to gain these skills or qualify for these jobs?
- What skills do I need?
- Where is the work?
- At the end of this step you will have a list of preferred jobs and/or learning options.

Step 3: making decisions

This step involves comparing your options, narrowing down your choices and thinking about what suits you best at this point in time.

Ask yourself:

- What are my best work/training options?
- How do they match with my skills, interests and values?
- How do they fit with the current jobs market?
- How do they fit with my current situation and responsibilities?
- What are the advantages and disadvantages of each option?
- What will help and what will hinder me?
- What can I do about it?

At the end of this step you will have narrowed down your options and have more of an idea of what you need to do next to help you achieve your goals.

Step 4: taking action

Here you plan the steps you need to take to put your plan into action.

Use all you have learnt about your skills, interests and values together with the information you have gathered about the world of work to create your plan.

Begin by asking yourself:

- What actions/steps will help me achieve my work, training and career goals?
- Where can I get help?
- Who will support me?
- At the end of this step you will have:
 - a plan to help you explore your options further (e.g. work experience, or more research); or
 - a plan which sets out the steps to help you achieve your next learning or work goal.
- Decide which step is relevant for you right now and start from there.

For more information contact the Family Referral Service in your area on the contact details listed overleaf.



Referrals to the FRS can be made by:

- ✘ Young people
 - ✘ Families with children
 - ✘ Extended family members
- Services that work with young people and families with children which include:
- ✘ Government services
 - ✘ Non-government agencies
 - ✘ Doctors and health professionals
 - ✘ Centrelink
 - ✘ Family support

The Family Referral Service (FRS) brings together families, support services and community resources so that our children and young people are safe and well.

We work with all services to find out what best supports young people and families and their children, and what we can do to improve our community resources.

If you are a young person or a family with children, or an extended family member, we will listen to your needs and refer you to the right service, which could help you with:

- ✘ Domestic violence experiences
- ✘ Housing or accommodation access
- ✘ Financial assistance
- ✘ Counselling and mediation
- ✘ Parenting struggles
- ✘ Mental health concerns
- ✘ Finding culturally appropriate support

There are many other services that you might need and we can help you to find them.



Your link to support

- Need support?**
- Don't know where to go?**
- Who can help?**

Being a young person or parent is not always easy and there are times when we could all use some help.

Talk to us today.

The Family Referral Service is here to listen to your needs and support you to find the right services for you or your family.

You can speak to us by phone, you can visit our office or we can meet you in your home or community.



Family Referral Services are funded by the NSW Government as part of 'Keep Them Safe' action plan to improve the safety and wellbeing of children in NSW.



Surviving year 12

Fact sheet for parents

Supporting your Year 12 student

Year 12 is considered by some to be the most important year of schooling. There is an enormous amount of pressure on Year 12 students and it comes from parents, teachers, schools and the students themselves. There are a number of ways parents can support their children as they work through their final year of schooling.

Balance

It's important that you make sure your teenager has lots of opportunities to play sport or pursue an artistic activity like drama or music. Also, try to make sure that they spend time with their family, and friends.

Routine

Parents can do lots of things to help teenagers develop smart study habits. These skills do not develop automatically and parents will need to be patient while these new habits develop and the old, unhelpful ones are discarded.

A study-friendly home

Environment

It is important to make your home a place where it is easy for your teenager to think.

Help eliminate distractions such as television, radio, MP3 player, talking, noisy younger children, or cluttered work areas. It is impossible to watch TV and study. Show how important schoolwork is by keeping the TV off during study time.

- Keep your conversation to a minimum and encourage younger children to use this time as their study time or quiet time, too.
- Provide physical conditions that help concentration, such as good lighting, cool temperatures and a table or desk with a supportive chair.
- The work area should be neat, have enough space for writing and reading, and should be kept clear of any clutter.
- Remind them to sit with good posture in a comfortable chair. Lying down may be so relaxing that it interferes with concentration.

Making time to study

You can support your teenager by helping him or her focus on their study.

- Schedule study time. Study times should be scheduled for whenever there are the fewest distractions or interruptions. If your teenager needs help to establish a routine, have a chat about which times could be best used for studying. Set that time aside on at least five days a week. Use the afternoon or early evening as study time, as this leaves time later in the evening for relaxing activities.

- Plan study in two 50 minute blocks with a 15 minute break. One 50 minute slab of study is better than several hours full of distractions and interruptions. Use a kitchen timer or an alarm clock to signal breaks and to indicate the end of study time.

At exam time

The exam results do not represent your teenager's future. The end of secondary school is the start of the next and usually more exciting time in your teenager's life. The moment the exams are over, celebrate. Such a celebration is crucial, as the message you will be reinforcing is that the final score is incidental. Getting through high school is a wonderful achievement in itself.

When the exam results arrive

This period can be even more uncomfortable than the exams because everyone feels so helpless. There is always the potential that your teenager might fall short of his or her predicted scores, and the goal of achieving a place at his or her chosen university, TAFE or apprenticeship might seem unreachable. This can result in weeks of anxious waiting. Everyone in the family is treading on eggshells, and when the results do finally arrive, quite often the family can be too emotionally drained to celebrate or regroup.

You need to recognise that feeling on-edge or uneasy is a natural response. Talk to your teenager about the way he or she is feeling and the choices and options available. Let him or her know that both you and their school are supportive.



When the results are not what your teenager hoped

Don't be fooled if your teenager appears to be indifferent to his or her results. Almost all students care deeply about their results and about the attitudes of their friends and relatives.

- Encourage your teenager to talk and reassure him or her. Reassure your teenager that failing an exam doesn't mean he or she is a failure, and that while you may all be disappointed in the results, you are not disappointed in him or her.
- If your teenager was after a score that would allow him or her into a particular university course, reassure him or her that all is not lost, with thousands of university places being offered through the preference process.
- Put things into perspective. Reassure your teenager that everyone loses out at some time or other, and failing an exam isn't the end of the world. He or she could re-sit and do better; or decide to go a different route next time.
- Encourage your teenager to look for positive ways forward, to consider all the options available. Your teenager may want to consider completing Year 13, working or travelling for a year, or doing an internship. A career counsellor or university advisor may be able to help.
- Tell your teenager that whatever happens, you will be behind him or her 100 per cent.

Do's and don'ts

Do

- guide, support and encourage your teenager
- encourage healthy eating, regular exercise and plenty of sleep
- take your teenager's efforts seriously
- create an effective work space in the house if your teenager can't study in their room
- take a whole family approach to supporting your teenager
- remind your teenager of his or her goals

- give your teenager positive feedback whenever possible
- encourage your teenager to take study breaks when necessary
- remember, the final year is about your teenager, not you
- help your teenager put, and keep, the year in perspective
- keep an eye on his or her emotional health – look for changes in sleeping or eating habits, and see your GP if you are worried
- let your teenager know that you're there when he or she needs you
- encourage your teenager to believe in themself.

Don't

- nag
- overload your teenager with domestic chores
- tell your teenager to work harder or he or she will fail.

The research

According to the Mission Australia Youth Survey in 2012, coping with stress and school or study problems remain major concerns for respondents.¹ Research has shown that Year 12 can increase rates of depression, anxiety², suicidal thoughts³ and even suicide.⁴ In particular, the fear of failure and the apparent lack of prospects as a result of poor results in Year 12 were identified as major stressors for many young people. As well as managing school, many young people were also trying to cope with work, family and social commitments. The cumulative effect of these demands appears to be leaving many young people feeling besieged and struggling to cope.

References

- ¹ Mission Australia (2012) Youth Survey 2012; page 5.
² Gough D, Edwards H (2006) Pressure takes big toll on students. *The Age Newspaper*, April 16 2006
³ McGraw, K., Moore, S., Fuller, A. and Bates, G. (2008), Family, peer and school connectedness in final year secondary school students. *Australian Psychologist*, 43: 27-37
⁴ Robotham, J. (2003), Suicide linked to pressure of HSC. *Sydney Morning Herald Newspaper*, January 23, 2003

Where to find more information

beyondblue

www.beyondblue.org.au

Learn more about anxiety and depression, or talk it through with our Support Service.

☎ 1300 22 4636

✉ Email or 💬 chat to us online at www.beyondblue.org.au/getsupport

mindhealthconnect

www.mindhealthconnect.org.au

Access to trusted, relevant mental health care services, online programs and resources.



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Student Absences or Parental concerns re progress

Parents should be aware of the following:

- **Attendance** – your child is expected to attend all scheduled classes unless sick or on approved leave, including days leading up to examinations and at the end of the term. If a student is absent a note explaining the absence is to be brought to school and placed in the box on the front counter of the Administration Centre.
- **Leave** – parents need to request leave in writing if their child needs to be absent for longer periods of time. **Parents please do not plan holidays during the school terms as you place your child at a severe disadvantage and may in fact jeopardise the award of the Preliminary or Higher School Certificate. Request should be addressed to the Principal**
- **Concerns about your child's progress** – You should have a discussion with your child to identify concerns. Your child's subject teacher or head teacher should be contacted to arrange an interview. Your child's classroom teacher, in conjunction with the Year Adviser can give updates of your child's progress, work habits, and areas that require attention.
- **Year 11 Advisers:** Brock Shepherd, Rhonda Hollis
- **Year 12 Advisers:** Kristena Oliveri, Lisa Luke-Kerr

Absent Students / Early Leave

When students are absent from school they are required to bring a note the following day. The note should be signed by their guardian and explain the reason for absence.

Students also require a note if they need to leave school early. They need to have the note signed by a Deputy Principal and present the note just before the required time, to the front office. New legislation requires that all students who leave early must have a specific "Leave Pass" which can only be obtained from the front office.

Police and Home School Liaison Officers may ask young people for their pass from school if they are found out in the community during school hours.

Any student who is not 17 years of age is expected to be enrolled in school or TAFE or be working more than 25 hours per week.

Joyce Berry
Deputy Principal Leadership & Development



CHIFLEY COLLEGE SENIOR CAMPUS

Explanation Note

- Was absent on: _____
- Is Late for School Today
- Will be leaving early today at: _____

Full Name:

Year

Reason:

Parent Signature:

Date: