

Chifley College Senior Campus NEWSLETTER

Term 3 2018

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Important Information for Term 3

- HSC Trial and Year 11 Preliminary Course Exams commenced on Thursday August 16 and conclude on Friday August 31. Students are only required at the campus for their scheduled exams.
- During this time there will be no formal timetabled lessons. It is important that all students use this time to prepare for their exams.
- Many Year 12 students will have major works for their HSC courses to complete during this time. They are encouraged to attend school to fulfil this assessable component of their course.
- Students who are enrolled in the Support Unit will have a specialised pattern of study during this time. Year 11 will complete exams and attend work experience.
 Year 12 will complete work experience, exams and attend a major excursion to Canberra.
- Timetabled classes will resume on Monday September 3. All students are expected to attend class on this day and for the remainder of the term.
- Year 12 students are expected to attend all classes for the remainder of the term. Staff will be providing revision programs that will assist students for HSC exams in October.
- Year 11 students are required to complete their Preliminary Course work until the end of Term 3.
- Term 3 will conclude on Friday September 28 and Term 4 will commence on Monday October 15, with Year 11 commencing HSC Courses at this time.

Thank you for your continued support of Chifley College Senior Campus.

Important Dates Term 3 & 4

Thursday 16 th August to Friday 31 st August	Year 11 & 12 Exams
Thursday 20th September	Major Works Assembly 9.50am
Tuesday 25 th September	Year 11 Sign Out Day
Thursday 27 th September	Graduation Year 12, 9.45am
Monday 15 th October	First Day HSC Courses - current Year 11
Thursday 18th October	HSC Exams Commenced
Friday 9th November	HSC Exams Finishes
Tuesday 13 th November	Year 12 Sign Out Day
Wednesday 14 th November	Year 11 Recognition Assembly
Tuesday 20th November	Year 12 Formal

Recognition Assemblies

The Year 11 and 12 Recognition Assemblies were held on the 26th June.

These are important occasions here at the Senior Campus where we celebrate the academic achievement of our students.

Our SRC members for 2018-19 are: Howra Almoaiel, Allen Burias, Brendan Byrne, Lauren Cockings, Joy Karogi, Kashaf Kashaf, Bethany Kojongian, Grace Major, Samantha Ragen, Tamsin Tautu, Mamafa Tonga, Irene Yugu, Conslee Zaatini. These students were presented with badges by our Principa,l Steve Freeborn and Year 11 Deputy Principal, Eliya Naqvi.



THE EXECUTIVE COMMENDATIONS FOR SEMESTER ONE WERE AWARDED TO:

Year 11: Creative and Performing Arts Faculty - *Alice Richardson*, English Faculty - *Natasha Iconomou*, History Faculty - *Holly Towner*, Home Economics Faculty - *Rahat Rabia Yunus*, Languages Faculty - Natalie Meleka, Mathematics Faculty and PDHPE Faculty - *Tamsin Tautu*, Science Faculty - *Bethany Kojongian*, Social Science Faculty - *Grace Major*, Support Faculty - *Tahlia Cahill* and TAS Faculty - *Jack McDuff*.

Year 12: Creative and Performing Arts Faculty – *Henry Villafranca*, Computing/ Science Faculty and Mathematics Faculty – *Rowzen Caro*, English Faculty and Social Science Faculty – *Lexus Toleafoa*, History Faculty – *Micaila Bellanto*, Home Economics Faculty – *Laura Sole*, Language Faculty – *Kirsty Hamilton*, Languages Faculty & PD/H/PE Faculty – *Shayla Rawiri*, Social Science Faculty – *Laura Sole*, Support Faculty – *Akina Cahill*, TAS Faculty – *Ayan Ahmad*

Thank you to the family, friends and community members who attended the assemblies.

Congratulations to all students who received awards for their subjects and, in particular, to the winners of the Executive Commendation awards. These are special awards chosen by each faculty to recognise individuals who have shown outstanding achievement and effort. Congratulations again to all award recipients.



SEE YOU@ SENIOR - 2019

Senior Campus welcomed Year 10 students from our 7-10 campuses in the last week of Term 2 when students were given the chance to be a "Senior for a Day". Students were able to find out about the subjects offered in Years 11 and 12, what they need to do to obtain the HSC and get some idea about what it is like to be a student at the Senior Campus.



Open Night

Open Night on Wednesday 8th August was a great success, with around 200 students, families and friends taking a "self-guided tour" of the Senior Campus. Open Night showcased the facilities

available and made it possible for students to get more information about the HSC subjects and to meet the Senior Campus staff.









Subject Selection

Staff from the Senior Campus visited the 7 – 10 campuses in Week 5 to help students complete the online subject selection. The choices made by the students will determine the student driven timetable for Year 11 students at the Senior Campus in 2019. Students were given a copy of the subjects they chose, and information about the process to discuss with their parents and carers.

The next "big day" is **Orientation Day on Monday 3rd December**; all Year 10's are encouraged to come along to this important day.

Keeping Students safe online – some important information for parents and carers

Connected technologies – desktop computers, tablet devices and mobile phones – are everywhere. The internet has changed the way teenagers socialise. It's an amazing place that allows your child to make friends with another teen living on the other side of the world, and to discover differences and similarities.

Just as you'd make some inquiries about new friends that appeared at your front door to spend time with your child, you also need to find out about the people they're meeting online.

Of course, monitoring your child's online activities is easier said than done when your child has a computer in their bedroom with internet access.

A key question for parents is should their children have access to the internet in their bedrooms?

At a glance

- Education and child safety experts recommend your child doesn't use the internet in their bedroom.
- The reality is a very small percentage of teenagers will come to physical harm through contact with online strangers.
- Cartoon-like avatars are a great alternative to teenagers posting images of themselves online.
- Teenagers in particular are prone to sleep problems and this is compounded if computers or phones rob them of sleep.
- If your child has a MySpace or Facebook page ask to see it. If you can see their page, anyone can, so there is no argument about respecting privacy.

Keeping your kids safe online is easy with a few simple precautions.

- 1. Nothing replaces parental supervision and education for teenagers about cyber safety.
- 2. Set a technology curfew.
- 3. Remind your child to never give out identifying information such as your home address, school name or telephone number in a public message such as chat or newsgroups.
- 4. If your child posts photos online, use privacy settings to limit access to people they know well.
- 5. Remind your child that people don't always tell the truth online, and they can't take anything at face value.
- 6. Reassure your child that they can tell you anything, without fear of losing the laptop or internet access.
- 7. If they get a message or email that's threatening or rude, they should 'STOP, BLOCK, TELL'. First step is to tell your child to **stop** responding to the abuse and then **block** those people sending threatening or rude messages if they continue. Let your child know that if they are being bullied, or know someone else who is, they should **tell** a trusted adult.
- 8. Never click on any links that are contained in emails from people they don't know. As well as sexual content, they could contain a computer virus.
- 9. If you suspect your child has been contacted by a predator, try to save a copy of the chat log (or whatever form the contact takes) for evidence. Call Crime Stoppers 24-hour line 1800 333 000 to make a formal complaint.
- 10. Your child will be using computers and the technology for the rest of their lives you're in the great position of being able to get them off to a safe, positive start.

More information on technology and cyber safety can be found at: http://www.schoolatoz.nsw.edu.au/technology/cybersafety

Chifley College Senior Campus Learn, Discover, Inspire





Do you have our school APP?





Have you liked our Facebook Page?

How to install our school APP

On Apple:

Android/Google Play:

On your Apple device, open the app store Search Chifley College Senior Campus Press Install

Enter your iTunes password It will commence downloading immediately ALLOW PUSH NOTIFICATIONS

On your SmartPhone open the Android/ Google Play market Search for Chifley College Senior Campus Press install Your app will start installing instantly ALLOW PUSH NOTIFICATIONS

How to Like our Facebook Page

In Facebook, search 'Chifley College Senior Campus' Click on the first page found Hit 'Like' and start following our school







Connect and engage with our school community





Graduation Gowns

12 Graduation Year Ceremony will be Thursday 27th September. Students will need to hire a Graduation gown. The hire fee is \$20 with \$15 being refunded when the gown is returned. fees paid are Graduation Day in FG-13 and the gown is to be collected and returned on the same day.



DO YOU FOLLOW THE CCSC INSTAGRAM PAGE?

CHECK IT OUT!

@ChifleyCollegeSeniorCampus

Follow us to receive quick reminders, updates on upcoming events and to have access to information straight from your phone!

Important Dates for Year 12, 2018

Term 3

Thursday August 16 to

Friday August 31

Thursday September 20 M Thursday September 27 Y

Thursday September 27

Term 4

Monday October 15 Thursday October 18 Friday November 9 Tuesday November 13 Tuesday November 20

Term 1 2019

February 2019 (date TBA)

Trial HSC Exams

Major Works Assembly 9.50am Year 12 Final Reports issued

Year 12 Graduation Assembly 9.45am

parents and friends welcome

HSC Tutorial Days starts HSC Exams commence HSC Exams conclude Year 12 Sign Out Day

Year 12 Formal

HSC 2018 Excellence Assembly

YEAR 12



Year 12 students of 2018 have requested a digital Yearbook be created. This Yearbook will be a recollection of moments and memories throughout their two years at Chifley College Senior Campus.

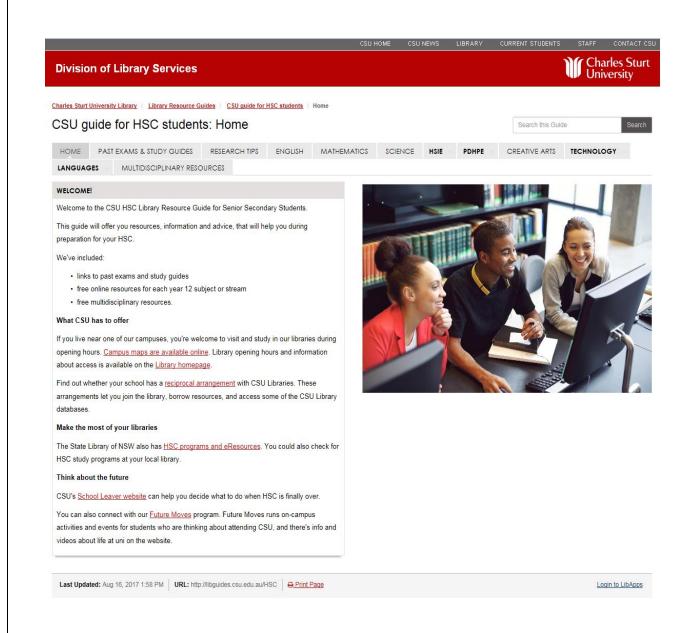


The digital Yearbook this year will be given to *ALL students free of charge*. They will be issued with a USB on sign out day. The USB will be filled with photos and provide students with a digital footprint of their journey at Chifley College Senior Campus.

Year 12, have you seen the all new CSU Guide for HSC Students???

Charles Sturt University has an online resource site for HSC students. It has online links and study resources for all major HSC subjects and courses. This online resource will be very beneficial to you as you prepare for your HSC Exams.

Google **CSU Guide for HSC Students** or try this web address - http://libguides.csu.edu.au/HSC





Year 12 Formal Additional Event Details

Late payments will be accepted. However, the price will increase.

Late payments are as follows:

- Payments received from <u>15th</u>
 <u>October 9th November</u>
 \$140.00/person
- Payments received from <u>12th</u>
 <u>November 19th November</u>

 <u>\$160.00/person</u>

All students are reminded that this event is drug, smoke and alcohol free and that those substances must not be brought to the venue.

3

Arrival Students **MUST ARRIVE by 5.00pm**.

This allows time to have photographs with family and friends in the grounds surrounding the function centre. Please keep in **close proximity** to The Colebee Centre when you arrive.

If you are organising special transport (hire car) to the venue, please make sure you have booked your transport with enough time to allow for photographs when you arrive.

Canapés will be served at approximately 5.30pm, at which time parents/carers will need to leave the venue. Dinner will be served at approximately 6.15pm.

Departure

At around 9.00pm, there will be a short break for students to ring parents/carers to remind them of pick-up arrangements. Students can be picked up from **9.30pm** onwards. By **10.00pm**, all students are expected to have left the venue as per arrangements with The Colebee Centre. Please adhere to this.

Photographs Closed event

Photographs will be taken on the night.

Only Year 12 Chifley College Senior Campus students will be accepted into the venue. Students from other schools are not invited.

year 12 - Pidal Germ

Well done to all 2018 Year 12 students for making it through to your final Term of study at Senior Campus. The Year 12 team has enjoyed working with you over the last year and a half and feel confident you will use the short time left at Senior to prepare well for final exams and post-school life. But it is not over yet! Here are some things to be thinking about.

A \$20 (2 x \$10 notes) deposit is required when collecting the gown and \$15 will be refunded on the return of the gown. Full academic dress (full uniform) is required with **no track-pants** permitted. It is important you look good for this event. Most people only graduate once from High School!

GRIAL EXAMINIMACIONS

By the time you read this the Trial HSC Examinations will be well underway and staff will be busy marking, ensuring that the final rankings for Board Developed courses are finalised prior to submission to NESA. These exams form an important part of the assessment processes for your courses but also give you the chance to experience exam conditions similar to the HSC Examinations you will experience in Term 4. Use the Trials to identify areas you can improve for the HSC. Even small improvements can make a big difference

GRADURGION DAU

Graduation day is one of the biggest days in the Chifley Calender. It is the day we celebrate your achievement in completing formal school study. As always, the event will take place on the Thursday of Week 10 Term 4. This year this falls on Thursday September 27. It will take place in the campus Multi-Purpose Centre (MPC) at Senior Campus and family and friends of graduating students are encouraged to attend.

On the day students need to go to F-Block (Art Rooms) to collect their graduation gown and medal. **This process runs from 8am.** Parents and family members are requested to attend from 9:00am to be seated for a 9.45am sharp start of the ceremony.

HSC PERFORMANCE EXAMS

Congratulations to all students who have completed major works and practical assessments. There are several courses requiring major works or performances and these usually require great dedication and many hours of preparation by the students involved. Congratulations and many thanks must also go to the staff members who have guided students through preparing major works. A Major Works Assembly will take place on Thursday 20 September 2018 (Term 3 Week 9) to celebrate the effort of students completing major works. Students who have completed the following courses may be involved - Aboriginal Studies, Dance, Visual Arts, Industrial Technology (Timber, Multimedia and Graphic Design), Design and Technology and Society and Culture.

REPORTS

Final reports will be issued on Graduation
Day as part of the
students' graduation
folder package. This will
happen at the end of
the ceremony.
Students with
unresolved N Award
warnings should work
with their teachers to
resolve these by Week 8 so that
their courses can be satisfactorily completed.

HSC GUGORIALS

During the first three days of Term 4, before the HSC Examinations start on Thursday 18/10/18, students preparing for exams will be able to attend tutorials with their teachers. Students should check with their teachers as to when these sessions will be held

FORMAL

Places are filling for our Year 12 formal to be held at The Colebee Centre, Nurragingy Reserve, Doonside on Tuesday 20th November.



on Graduation Day with a one-off full payment required to the Administration Office. This event is always a highlight and not something you want to miss out on. The formal has been held at Nurragingy for several years and has always been a fun, successful evening.



external HSC

WRIGGEN EXAMPINACIONS

Final HSC Examinations for Board Developed courses start on Thursday 18th October and finish on Friday 9th November 2018.

All students need to log onto schools online to receive their individualised timetable

https://studentsonline.nesa.nsw.edu.au/go/login/&returnURL=studentdetails/examtimetable/.

This site is also useful for the HSC guidelines and survival tips. It is also where students can gain access to their RoSA.

There are strictly no reschedules with HSC examinations so all students are encouraged to attend all required examinations and to see the Year 12 deputies Rob Pecovnik and Steve Price if they have any concerns.

Besis wishes

The Year 12 Leadership Team have enjoyed working with you all over the last 2 Years. You are an interesting and diverse cohort with much energy, talent and ability. We wish you well in the future and hope you achieve your personal ambitions and goals.

All the best,

Your Year 12 Team

Rob Pecovnik Steve Price Belindah Harland Rhonda Hollis Robbie Hillier

VET @ CHIFLEY SENIOR!

What is Work Placement?

Work Placement is a planned opportunity in a workplace that enables senior students to experience the industry that their chosen subject is aligned with. It allows the students to gain industry

knowledge and practice and develop their employability skills in a real work experience.

Work Placement is a mandatory component of Vocational Education in Schools. Students need to complete a total of 70 hours.

35 hours in Yrll and 35 hours in Yrl2.

35 hours equals 5 Days work. A FULL 5 days of work needs to be completed. If this is not completed then the students will be required to find their own work placement to be eligible to be signed off.

Work Placement is a vital part of the students learning and it can impact on the students gaining their HSC if it is not completed. Please do not get yourself into this situation. Complete ALL work placement days when they are allocated.

If you have any questions regarding this, please contact Ben Coburn, VET Co-ordinator at the school.





BUY A BALE FOR THE FARMERS

Farmers in the Mid Western Region of our state are in need of help to feed their stock and themselves.

Staff at Chifley College Senior Campus recently held a fundraiser to raise money to help these farmers.

The generous Staff donated a total of \$802.00 plus \$250 - \$300 worth of groceries.

We were able to buy 2 very large bales of hay valued at \$400, 4 X \$25 Shell petrol cards, 4 X \$25 BP petrol cards and \$200 worth of Calf formula.

The Community workers in Mudgee were overwhelmed by our school's generosity and care for their Community and it's animals.



Please pray for rain and keep these people in our thoughts.

School Planning update Term 3

Student Learning

The Student Learning team has continued to develop and support the Assessment Help Centre, which runs in the school library on a Thursday afternoon. The centre assists students to complete course work and assessments with all the schools resources available to them.

We have also been working towards all Year 11 students having access to a teacher, SLSO or CLONTARF mentor. The mentor may aid students in any difficulties they face during their education, help guide students to post school pathways and help motivate students to do the best they can. This has been developed to assist students' wellbeing, connectedness and success within the school.

Staff and Leader Learning

The main focus of the team in Semester One 2018 has been to encourage staff to access and promote professional development opportunities. As part of the application and evaluation process staff who attended external courses have been asked to provide written feedback using a form developed by the team and a select group have been invited to offer their opinions on the professional development they have attended. This information is shared during staff meetings and in doing so they have demonstrated the whole school application of their learning to the entire Senior Campus.

The team have also monitored professional development opportunities across the school. They have been pleased by the equitable and fair access to professional development by all staff. Teachers continue to log their NESA registered and teacher identified hours towards maintaining accreditation and our students gain the benefits of a well trained workforce.

School Learning

The School Planning group has been hard at work this year with our major projects, including the launch of Chifley College Senior Campus on Instagram, as well as developing a broader Social Media team for Facebook.

Instagram has currently over 60 followers and Facebook has over 800 likes. We aim to have a minimum of 3 posts per week to both our Social Media outlets through the leadership of Baneen Naqvi (INSTA) and Suzie Berry (FB).

Our SWS website was due to be launched on Thursday 9th August but was delayed due to testing issues until Thursday 16th August. This new website, based on the new Adobe Plus service, will enable us to tailor our website to our campus individual needs.

On Open Night in week 3, parents and friends were invited to test their literacy and numeracy knowledge and understanding by completing the NESA sample minimum standards practice tests in the library. Senior Campus staff will be working hard with students in 2019-2020 and beyond to reach the minimum standards on the journey to graduation.



Bring it On 2018



A talented group of hip hop dancers from Chifley College Senior Campus descended on Blacktown Leisure Centre at Stanhope Gardens on the 23rd of June and did their school proud with a strong display of enthusiasm and skill. Gaining a Wild Card entry after some outstanding charity Chifley are in the State Final. Thanks to Steve Price for driving and to Adrian, Steve, and Rob for their Doreen support.

Special thanks to Kristina



Oliveri who has done a magnificent job in organising the students and staff.

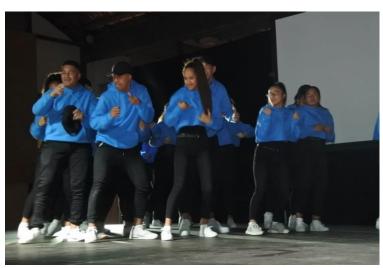
The Final will be held at Hill Song Convention Centre on Saturday the 8th of September and we hope you will be there to support the school.

BIO Dancers 2018 are:

Leader: Angel Carter, Leader: Telesia Finau, Leader: Kopu Tairi, Mamafa Tonga, Pearl Birch, Cybele Portelli, Grace Talbot, Faliki Pohiva, Liesel Tawake, Talita Eteuini Vili, Isaiah Birch, Kisione Hopoi, Marley Hunter, Meleitonga Fakaosilea, Mason Kamoe, David (Logologo) Amituanai, Jey Vuki, Bianca Lopez, Izzabelle Sunga, Maurice Nafoi, Teinakore Tangi, Guillian Leonardo, Ngamata Tuau-Moe, Esther Leilua, Loka Lokeni, Justin Manua (DJ).







"GENERATION NEXT" SEMINAR

On Friday 2nd August, members of the Year 11 Student Representative Council attended the annual Generation Next Seminar at Town Hall. The objective was to raise community awareness of mental illness through increasing mental health literacy, reducing associated stigma and positively influencing individual and community behaviour to improve the mental health of young people. **Attendees were**; *Joy Karogi, Bethany Kojongian, Howra Almoaiel, Lauren Cockings, Conslee Zaatini, Kashaf Khashaf* supervised by Year Advisor's Lisa Luke and Danielle Swindle.

On the train ride home to Mount Druitt station, students began the first step in sharing their knowledge with our Chifley community, and here it is!

HOWRA: The seminar "Generation Next" gave me a much better understanding of the issues that teenager's face, and how to overcome them. Alpha Cheng and Matt's story was quite touching where people who were extremists were blinded with false information of "what is correct". Teenagers should never succumb to peer pressure.

BETHANY: Not only have I learned some of the problems young people have to face but I've also learnt how to deal with these problems from an outside view or as a mentor rather than just a student. Maintaining healthy habits and lifestyles also improves your everyday experiences of those around you.

CONSALEE: What I loved about today was all the information we learnt, it was amazing to see what "they" had to say; everything was super interesting. Even Matt's story touched my heart. We all enjoyed it and had a good experience.

JOY:

- The sleep habits we adapt to can affect our wellbeing and productivity during the day.
- Extremisms young people / anyone becomes violent, all because of lack of love and connection
- We should learn how to not judge people

LAUREN:

- Techniques to cope with and manage stress
- Only a minority of teenagers actually do the things that "everyone does".
- Send "noodles not nudes" A Tertiary education initiative.
- You can always change your mind when it comes to consent.

KASHAF: I learnt a lot today.

- How to get rid of stress and anxiety. How to help other students.
- What sexting is? How is affects people. How we can help our fellow students.
- It is important to build good relationships with fellow students. We can help them in "bad" times by talking.



Chifley College Rugby League Program Report

Program Wins Its Second St Marys Cup Premiership Chifley College 22 defeated Illawarra Sports 10

The Chifley College Rugby League program claimed their second ever St Mary's Cup Premiership, defeating Illawarra Sports High School 22-10 at St Mary's Stadium. Chifley started the game slow and Illawarra Sports shot out to a 10-0 lead after 15 minutes. Chifley dug in and worked hard as a team to claw back Illawarra's lead and both teams went in the break at 10 all. Falefa Letoi won the Warren Smith Medal as Man of the Match for consecutive years. Other stand out players were; Henry Tuli Togise and Paul Hunter. The College managed wins over Merrylands, Endeavour and Bass High Schools in this competition throughout 2018.

GIO Trophy City Semi Final

St Patrick's College, Sutherland 22 defeated Chifley College 14.

The Chifley College Rugby League program travelled to Campbelltown Sports Stadium to take on a tough and talented St Patrick's Sutherland team. After another very slow start from Chifley, St Pat's managed 3 quick tries to lead 16 nil. Chifley College could have found excuses and reasons to give up, but like they have done all year they found reasons to lift as a group and claw back a lead. They cut the errors out of their game and they went into the halftime break only 7 points down (17-10). The second half didn't go all Chifley's way but the resilience of the side was able to overcome all that was thrown and took the lead for the first time in the match with only 4 minutes to play. Unfortunately Chifley failed to complete the set after their try and turned the ball over on their 30 metre line. St Pats, managed to cross the line and regain the lead in the last minutes of the game and held on to defeat Chifley College 27-24.



FROM THE SPORTS DESK

On Thursday 2nd August and Friday 3rd August the Sydney West Athletics Carnival took place at Blacktown Sports Park. Abigail McNamara competed in the 1500m, Cassandra McDonald competed in the 800m and Lucy Aigea competed in the Shot Put. These athletes represented the College with great pride and effort and are congratulated on their achievements.

On the 25th July the boys and girls Rugby League teams both competed in the Grand Final of the CHS St Marys Cup held at St Marys Stadium. Congratulations to the boys team who were successful in winning the final 24-10 against a very competitive Illawarra Sports High.

Condolences to the senior girls team who played an outstanding game against reigning champions Bass Hill High, but unfortunately left their comeback too late and were defeated 18-8.

Both teams played with outstanding spirit and are congratulated on how well they conducted themselves on and off the field. Well done to the coaches and managers of these teams on their efforts throughout the year as well; Robbie Hillier, Brock Shepperd, Trent Hawkett and Belindah Harland.

STAFF DEVILOPMENT DAY

All staff participated in a first aid and anaphylaxis training on Thursday the 21st of June. Staff engaged in professional learning targeted to school priorities.

All school staff are required to understand the implications of and comply with relevant legislative, administrative, organisational and professional requirements, policies and processes. The Royal Life Saving Society facilitated a great afternoon and were both professional and informative. Thank you.





THE BELVOIR EXPERIENCE

In Week 9 of Term 2, thirty Year 12 students from English Standard and English Advanced were taken on an excursion to Belvoir Theatre to watch the production, *Bliss*. Based on the 1981 novel written by the Australian author Peter Carey, the play was adapted for the stage by Tom Wright and directed by Matthew Lutton. The play follows the journey of Harry Joy, caring father and husband, as he dies – only for a minute – and is revived into a world which is unlike the one that he left just moments before.

Our students especially enjoyed the interactive elements of the play and were engaged with the very entertaining performance. The play left them talking long after it had finished.









What a year it has been in the Chifley Senior Clontarf Academy

Our boys have achieved so much in a short space of time this year, they have embraced their schooling and participated in various community engagements, leadership camps and out of school activities that will help mould them into well rounded adults in the future. Some of the activities and engagements that we have participated in are:

- We've visited various work sites as part of the boys experiencing a wide range of employment opportunities like UGL Unipart, DHL, Kmart, Police Force, Blowfish IT Studios, Fox Sports, Bunning's and Blackwood's, just to name a few.
- Some of the boys have completed their White Card course as part of the Dawson 5 Experience Project, which focuses on building memorable employment experiences for young people living in Mount Druitt.
- Manly Rotary Fun Run where the boys joined thousands of participants in raising money for charities by completing the gruelling 5km run.
- Quit B Fit community event to help stamp out alcohol and drug abuse in our local community.
- Camps to Dubbo, Taree, Manly and Endeavour this gets our boys out of their comfort zone and explore some of the country life while experiencing new skills and meeting new people.
- Sport where the boys really excel, they love the training sessions we put them through every Tuesday and Thursday morning before school which helps with their wellbeing and getting up early ready for school.

Chifley Senior Clontarf

□ — □ Academy □ — □

Sport also helps engage our boys in their school work. We are already seeing the start of a really strong culture being built here at Chifley Senior and some very positive feedback from parents of the boys. Getting our boys through their senior schooling and into work is our reason for being, but we are definitely not alone in seeking to achieve this. We look forward to continuing to strengthen our partnership with the school, with parents and with the wider community in seeking to make a real difference in the lives of our Clontarf boys.

Geoff and Paul

















Careers

Generating Bright Futures

Careers News

Where has 2018 gone?

Students are now rapidly approaching Graduation from Years 11 and Year 12
Have Year 11 students laid a solid foundation for Year 12?
I have been asking Year 12 since Term 2 "what will you be doing in 2019?"
WELL IT IS DECISION TIME

I have given all Year 12 students a copy of "UAC Guide 2018-2019' which lists information on 18 universities and 19 colleges with many course entry requirements needing only an HSC, not an ATAR.

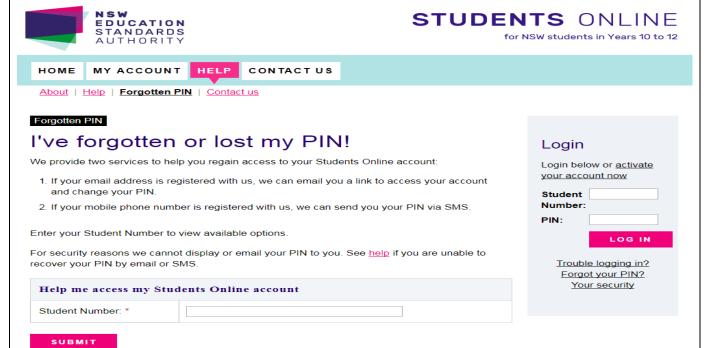
Apply direct to WSU for all preferences and save on the \$70 processing fee as WSU will pay it to UAC for you.

TAFE info is all on the one TAFE website www.tafensw.edu.au
Going to OPEN DAYS is a must for you in order to make wise decisions.

Western Sydney Apprenticeship & Traineeship Expo is on Tuesday 28th August at Panthers Exhibition Marquee 3pm to 8 pm....students should take copies of their resume with them.

PLEASE SEE ME FOR FURTHER ASSISTANCE

Anne Baker, Careers Adviser



https://studentsonline.nesa.nsw.edu.au/go/help/forgottenpin/



★ Career Explorer My Subjects My ATAR My Course My Job My Pay

🚑 I'm New





Find Out More

Order JobJump



How to Register and Login

Acknowledgement to the NSW Department of Education

Please press here for instructions The schools password is: **CCSC**

(lower case)

https://jobjump.com.au/index

LIBRARY LETTERS

Preparing for the HSC exams

The HSC examinations begin on Thursday 18th October, 2018 with the English Standard, English Advanced and English ESL exams. The NSW Education Standards Authority, NESA, is responsible for organising the examinations and have a wonderful website

http://educationstandards.nsw.edu.au with a wealth of information that will help you prepare for this final chapter in your school-life. Information they provide about the examinations HSC include:

- HSC rules and procedures
- Exam equipment, advice and study resources
- HSC exam timetable and attending exams
- Getting results /assessment ranks when available
- Students on-line account (student number & pin required)
- HSC credential package
- Syllabus documents: what knowledge you should have acquired in your studies
- Course assessment & reporting guides
- Past exam papers
- HSC study guides
- Standards packages with real HSC student responses
- Performance bands- how to achieve a Band 6
- Glossary of key words
- Exam workbooks (available for purchase)

There is also a guide for parents on the NESA website. Information for parents includes:

- Schooling in NSW-school curriculum & syllabuses (what is taught in a subject area)
- School terms and holidays in NSW
- High school years Year 11 & 12
- HSC- Higher School Certificate
- RoSA- Record of student achievement
- Exam Special Provisions (if your child needs assistance completing an examination)
- Illness What to do if your child becomes unwell and cannot complete an examination
- Reporting Replacement statements- Awards & Resources.

The library also has lots of Study guides and books concerning essay writing and study skills. Good luck to all Year 12 students in their exams

Barbara Fish: Relieving Teacher-Librarian

School Counsellor

This can be a stressful time for you and your children. Some students may be very stressed and anxious. Some feel very confident because they have worked hard throughout the year and wish to achieve their personal best. On the other hand some students may not be too motivated to try hard. No matter what your child is like, most students need encouragement and support during exams.

Things that help:

- 1. Provide them with a quiet and comfortable place to study. Avoid family gatherings during exams.
- 2. Encourage regular breaks during study. It helps to remember better.
- 3. Supply them with healthy meals. Don't let them skip meals.
- 4. Emphasise the importance of good sleep and moderate exercise as it boosts concentration and memory.
- 5. Minimise disruptions. If possible, minimise their household chores so they have more time to study.
- 6. Keep gentle communication open. Show interest in what is happening during exams.
- 7. Listen. Show compassion. They are more likely to come to you and discuss their concerns when they are ready.
- 8. Appreciate what your child is good at. Compliment them regularly.
- 9. Encourage them to ask for help from teachers and the school counsellor. No issue should be ignored if it is causing concern. Even a small one can impact on your child's ability to learn and perform in the exam
- 10. Check your child's exam timetable. Familiarise yourself with the dates. Remind them the night before.
- 11. Wake them up early. Make sure they have their breakfast as it helps keep them calm and focus better.
- 12. Remind them to be at school at least 15 minutes before the exam starts. Often students read the exam questions incorrectly or answer them wrong if they are rushing.
- 13. Be mindful that your child is not using unhelpful coping strategies. For example, negative thinking styles, such as "I am going to fail" and "I will forget everything", make them more nervous and impacts negatively on their exams. Some students rely too much on caffeine. Please remind them that a balanced life style works better.
- 14. Relaxed and focused breathing exercises help students calm down.
- 15. Help your children see the whole picture. Discuss the plans after the HSC. Remind them about different options once they complete the HSC so they worry less. Such examples are further study at TAFE/ University or work.
- 16. Listen to their concerns without judging them. Remember you are trying to help them.

Things to avoid:

- 1. Do not nag or criticise. It does not work at all. If they have made mistakes in the past, this is not the time to discuss them because it would make things worse.
- 2. Do not compare children, especially with their siblings and friends.
- 3. Do not remind them about your sacrifices.
- 4. Parents could impose their anxiety on their children unintentionally. Stay calm and trust your children.

If you have any concerns about your son or daughter, please do not hesitate to contact the School Counsellor on 9625 9920. My counselling days are Tuesday and Friday.

From: Shobha Yadav School Counsellor Chifley College Senior Campus North Parade Mt Druitt

School Counselling Services at Senior Campus

Monday and Thursday: Shobha

Our role:

- Listen to you without making judgements.
- Maintain confidentiality under quidelines.
- Respect your feelings and acknowledge your difficulties.
- Help you short list your problems and do something about it.
- Liaise with family, teachers if necessary, or refer to other professionals to get the best possible help.

Issues you can talk about-

- Attendance and truancy issues.
- Difficulties with your school work.
- Lack of motivation.
- Time and study management difficulties.
- Family, friend and relationship difficulties.
- Stress/exam anxiety, social phobia, nervousness.
- Career issues.
- o Behaviour problems, suspensions.
- Anxiety, depression, self-harm, shyness.
- Anger, grief, sadness, death and suicide.
- Sexual orientations (gay and lesbian issues).
- Women's health, pregnancy issues.
- Domestic violence.
- Drug and alcohol.

And anything else that bothers you.

Remember there is always someone to help you.

Just ask!

Encourage your friends to ask for help!

Important contact numbers:

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Mental Health Help line	1800 011 511	
Head Space Mt. Druitt	9675 2602	
Kids Helpline	1800 55 1800	
Blacktown Women and Girls Health Centre	9831 2070	
Blacktown Mental Health Team	9881 8888	
Legal Aid Hotline	1800 1018 10	
Rosie's Place(abuse)	9625 2599	
Salvo Youth Line	9360 3000	
Child Abuse Prevention		
Services	1800 68 8009	
Domestic Violence Line	1800 656 463	
Rape Crisis	1800 424 017	
Crisis Line	9331 2000	
Men's Helpline	1300 789 978	

Useful Websites:

www.headspace.org.au www.tuneinnotout.com www.reachout.com.au www.headroom.net.au www.counsellingonline.org.au www.kidshelpline.com.au www.beyondblue.com.au www.moodgym.com.au